

The Vision

A Weekly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to *develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.*

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Issue 22



**THANK YOU CHURCH,
SEARCH COMMITTEE,
ASSOCIATES
& FRIENDS
FOR
ATTENDING AND
PARTICIPATING IN SUNDAY'S
INSTALLATION LUNCH
CELEBRATION AND
WORSHIP SERVICE,
AFFIRMING THE CALL AND
WELCOMING
SENIOR MINISTER,
REVEREND PAMELA L. MOYER!
PHOTOS WILL FOLLOW SOON IN
THE VISION AND ON FACEBOOK.**

You Are Invited!
This Saturday
June 8th
7:00 am
to 2:00 pm



Yard Sale with NBMBC & UBC

We will set up in the church parking lot. Volunteers can stop by for an hour or two or for the whole time, please!

[You may also borrow a table for personal goods to sell, but you must provide your own personnel, collection of money and provide your own change. Funds for other goods being sold by the church will be used to fund our general budget. **RSVP for volunteers or tables.** (703) 256-5900 or UBCoffice@aol.com. Please help us to spread the word! Put it on your personal Facebook, Twitter or Instagram! For details, please call the office to speak to Pam or Margarita.]

Kairos Moments . . .

Reflections of Reverend Pamela Moyer

What an amazing Sunday! Thank you as I said on the cover to all who participated in and prepared for a delicious Installation Luncheon and Worship Service. It was like an episode of the old television show "This Is Your Life!" Five churches (3 former and 2 present) were represented that day, plus friends and family. I was touched by how you all made an effort to welcome and get to know each other!

There were many moving parts so I don't have room to thank each of you by name, but please accept my heartfelt gratitude for your time, your prayers and your affirmation! I felt appreciated, loved and empowered by the kind words, hugs, the people who chose to attend, delicious food, beautiful cake, cards and gifts.

In the morning church service we talked about the Ascension of Jesus, and last week about the coming Advocate. This was Jesus' mild reprimand to the disciples in Acts 1:6-8:

⁶ So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' ⁷ He replied, ⁷ 'it is not for you to know the times or periods that the Father has set by his own authority. ⁸ But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.'

Jesus corrects them to make the point that their work will fail if they try to accomplish this commission on their own strength and merit. Yet, if they rely on him through the power of the coming Holy Spirit, they can do all things through Christ . . . That is what I heard Rev. Lisa Cole Smith conveying in her Installation Message, "We Got Skills." Like the disciples, we have history, experience, faith stories and oh, yes, the teachings of Jesus! We do not need to fear the future; God is with us, the Holy Spirit is here (next week is observation of Pentecost, so wear *red* if you'd like!) and Jesus through the Scriptures has taught us leadership, evangelism, hospitality and life skills! We at UBC need to accept our giftedness, mission and our vision and live into it! Together!

Parish Nurse's "Touch"

... Debbie Caffrey

June Health Focus



Alzheimer's disease is a progressive, degenerative disorder that attacks the brain's nerve cells, or neurons, resulting in loss of memory, thinking and language skills, and behavioral changes. Alzheimer's disease is the most common cause of dementia, loss of intellectual function, among people aged 65 and older. Alzheimer's disease is not a normal part of aging. Symptoms vary and gradually increase and become more persistent. The common warning signs include:

- Memory loss, especially of recent events, names, placement of objects, and other new information
- Confusion about time and place
- Struggling to complete familiar actions, such as brushing teeth or getting dressed
- Trouble finding the appropriate words, completing sentences, and following directions and conversations
- Poor judgment when making decisions
- Changes in mood and personality, such as increased suspicion, rapid and persistent mood swings, withdrawal, and disinterest in usual activities
- Difficulty with complex mental assignments, such as balancing a checkbook or other tasks involving numbers

If you notice these symptoms, please contact your health care provider. Although there is no cure, behavioral management intervention and medications can be used alone or in combination, and may help slow progression of symptoms and improve quality of life. More information is available from the Alzheimer's Foundation of America, www.alzfdn.org or toll free 866 232-8484.

Do You Know a Graduate?



In a later issue of *The Vision* we will recognize in writing graduates with UBC ties. If you have such a graduate, please submit the following information to the church office: name and relationship to you; school from which graduating; location of school; degree; and, if applicable, honors. Help us, as a church family to recognize these graduates and celebrate their achievements by having faithfully used God's gifts. Please send E-mail to the office at UBCOffice@aol.com or call (703) 256-5900, Ext. 101. Congratulations and future blessings!

June 30th ~ 12:15 pm:

UBC Casual Sunday & Cookout Fellowship

This is always a fun time to gather after Worship for good food and friends. In the past, we've celebrated the Washington Nationals season and/or Independence Day, but this year's Theme & RSVP information will be announced later.

Student Ministries & News...Twyla Turner

Regular Weekly Youth Activities

All Students--

- Sundays:
 - Sunday School 9:45 a.m.
 - Worship 10:55 a.m.
- Fridays:
 - Friday Night @ the Movies 7 p.m.
- Third Saturdays:
 - Craft Saturdays 1 p.m.

Senior High Students

- Second & Fourth Saturday Missions 1 p.m.
- First & Third Sunday Girls Dinner and & Discussion 5 p.m.

Special events will be announced in this space.

This week—

Friday Night @ the Movies

Next FN@TM is June 7, at 7 p.m. in the Youth Room.
Movie and snacks!! See you then!!

Saturday, June 8

There will be a Yard Sale sponsored by UBC and New Beginning Missionary Baptist Church, in the church parking lot on Saturday, June 8, beginning at 7 am. If you would like to help, please let Ms. Twyla know immediately. If not, please come by and support this worthy project.

Sunday Morning, June 9

Sunday, June 9, there will be Sunday School. We are nearing the end of our study of Job @ 10 a.m. Worship begins at 10:55 a.m. on June 9.

Coming soon

Summer is fast approaching and plans are underway for our summer ministries and events. If you have any ideas that you would like us to pursue, please call or text me with them. We will have the Youth Summer Calendar of Events available on Sunday, July 9. Make sure to get your copy. More information will be available about our events in the coming weeks.

MISSIONS—

Box Tops for Education Mission Project

The Youth of UBC are still collecting "box tops" for their on-going mission project. Please see Twyla if you would like to suggest a school for this year's collection.

Hygiene Kits for the Homeless

Please remember our students continue to collect travel size soaps, shampoo, conditioner, lotion, toothpaste and toothbrushes to make hygiene kits for distribution at the Bailey's Crossroads Shelter. Please collect these items at hotels when you are traveling and bring them back to donate for our project. Thank you for helping us help our less fortunate neighbors.

UBC & Mission Center Calendar of Events

Every Sunday Bible Study, 9:30 am
Every Sunday Liturgy of Worship, 10:55 am

June

5	9:15 am	Sandwich Ministry (Fellowship Hall)
	1:00 pm	Women's Bible Study (Conference Room)
	7:00 pm	Overeaters Anonymous (Room 126)
	7:30 pm	NBMBC Bible Study (Parlor)
6	7:30 pm	UBC Sanctuary Choir Rehearsal (Choir Room)
7	7:00 pm	Student Fri Nite @ Movies (Youth Lounge)
	6:30 pm	NBMBC Fun Night, Youth & Comm'ty (F.Hall)
8	7:00 am	NBMBC and UBC Yard Sale (Parking Lot)
	7:00 am	Gideons Weekly Meeting (Conference Rm)
	8:00 am	Toastmasters Public Speaking Ed (Fell.Hall)
	9:00 am	Tai Chi Exercise (Gym)
	2:00 pm	Zemfira Stage Auditions (Sanctuary)
9		Pentecost
	9:30 am	UBC Assembly for Sunday School (Fell. Hall)
	9:30 am	NBMBC Sunday School (Parlor)
	10:45 am	NBMBC Worship (Chapel)
	10:55 am	UBC Worship Service (Sanctuary)
	12:15 pm	Agape Birthday Fellowship (Fellowship Hall)
	12:30 pm	UBC Ch. Ldrshp. Co. Ex. Bd. Mtg. (Conf. Rm)
	2:00 pm	Sara Reese Clarinet Recital (Sanctuary)
10	11:30 am	Staff Meeting (Conference Room)
11		Wakefield Chorale on Summer Vacation
12	9:15 am	Sandwich Ministry (Fellowship Hall)
	1:00 pm	Women's Bible Study (Conference Room)
	7:00 pm	Overeaters Anonymous (Room 126)
	7:30 pm	NBMBC Bible Study (Parlor)

June 2nd, 2019 Financial Contributions

Budget Receipts:

Tithes and Offerings donations	2,377.00
Building Usage donations:	
Zemfira	300.00
Total Budget Receipts	2,677.00

Non-Budget Receipts:

Total Non-Budget Receipts	0.00
Total Receipts	2,677.00
Budget Receipts YTD	123,625.32
Annual 2019 Budget Goal YTD (TBD*)	TBD
Over (under) Budget Goal*	TBD

*Budget summary is not yet available. Details will be added as soon as they are. Thank you for your patience and giving.

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### **Mission Center Community Partner Highlight *Zemfira Stage***

We welcome a new arts and theatre non-profit group to our community Mission Center! Zina Bleck, Founder and Director of *Zemfira Stage* held auditions for "Annie" in our Sanctuary at the end of May. *Zemfira Stage* is a non-Equity professional theatre company dedicated to presenting theatre classics and plays that may become classics someday. Their production performances will be held Aug 1-25, 8:00 Thurs-Sat, 2:00 Sun at the James Lee Community Center, 2855 Annandale Road, Falls Church, Va. 22042. Let office know if interested!

