

The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

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Issue 6



Happy Father's Day! Sunday, June 15th

We invite you to gather with us on this special day to honor fathers, grandfathers, great-grandfathers, uncles, nephews, and all encouraging men during our worship time together.

9:30 am ~ Bible Study, F. Hall
11:00 am ~ Worship, Sanctuary



Congratulations to these Graduates! Well Done!

Isaac Michael Souryal

Graduated from Arlington Tech. High School, Arlington, VA. He is Carol Carrico's grandson, and will be attending Virginia Commonwealth University, Richmond VA, in the fall.

Gabriel T. Wright



Graduated from Courtland High School, in Spotsylvania, VA. He is the son of NBMCB's Music Minister, Donald & Annette Wright. Gabriel excelled in his welding classes and is on the waiting list at Accelerated Training in Defense Manufacturing (ATDM) in Danville, VA for September or October.

COMMUNITY LEADERSHIP

The next CLCEB Meeting is scheduled for Sunday, June 22nd at 12:15 pm in the Conference Room to conduct church business.



MORE FELLOWSHIP OPPORTUNITIES

The next Young at Heart Gadabouts Outing is Tuesday, June 10th at 12:00 pm at Cracker Barrel Restaurant, 10801 Battleview Pkwy, Manassas, VA 20109. Dutch treat. Meet at the church for a ride by 11:15 am or at the restaurant at 12:00 pm. Call Pam for more info. Sign-up is on the board or call the office.

Shepherd's Center Lunch N Life will be Thursday, June 26th at 11:15 am at St Barnabas Episcopal Church, 4801 Ravensworth Road, Annandale, VA 22003. Join to hear Tom Saputo a local professional, who will sing 60's & 70's tunes and play accompanying music on keyboard. The cost of Lunch and Entertainment is \$15 per person, pre-paid. All are welcome. To Register: call SCAS office at 703-941-1419 by Monday, June 23rd or send an email to shepherdscas@vacoxmail.com. And send a check to: SCAS, 7610 Newcastle Drive, Annandale, VA 22003.

The next UBC Friends & Family Breakfast will be on Saturday, June 28th at 9:30 am at Denny's Fairfax, 10473 Lee Hwy, Fairfax, VA 22030, so join us for a Dutch treat meal, prayer, and a short reading together. Call the office or sign up on the pink and black bulletin board form.

*Thank you, Church, Mission Center,
& Food Mission Volunteers! ♥*

We could not fulfil God's Vision or Mission for UBC without you! Your commitment and consistency are important and recognized by others! Well done!

Kairos Moments ♥ ♥ ♥

(06/03/25) Reflections of Reverend Pamela Moyer

Happy Father's Day! And Congratulations to the graduates connected to our church family (page 1). Well done to the Graduates listed. We are praying for their next steps in life. Celebrations from May's month of Mothers', Nurses', and Teachers' continues into June with Graduations, Voice Recitals, vacations, and Father's Day on June 15th. I hope you will be with us on Father's Day to be recognized. We appreciate all father-figures and men who faithfully lead others to Christ and mentor life skills.

It was an honor May 31st to welcome the [Washington University of Virginia](#), a non-profit, religious institution whose mission is to develop men and women of character and leadership through quality Christian education (Bachelors, Masters & Doctorates), right here in Annandale. They have used our Sanctuary, Gym, and Parlor for several years to accommodate between 100-200 graduates and their families for their ceremonies.

It was also our pleasure as the Mission Center on May 17th to host this year's Sopranessence Benefit concert for [Homestretch](#), "Empowering Families in Crisis to Rebuild Lives," a Falls Church, VA non-profit organization whose mission is to address root causes of homelessness for each family and to reverse it. They raised over \$800 from the concert through a raffle and extra donations. It was a moving program of professional vocal music oriented to home, health, and happiness. Thank you to those who supported both groups! The stories of success were inspiring.

Have you ever felt parched? Either physically or spiritually? One sermon last month addressed "spiritual bypassing," the tactic of giving a trite response to someone who is in real pain or despair. Please don't say "it'll all be fine if you just pray about it." While that may be true, it is not helpful to the struggling person. Rather than offering real support like transportation, advocacy, or food, it is a judgmental bypass of the situation. Sometimes being thirsty (Isaiah 55:1-5) just needs a sip of water or a quick Bible verse, but other times, it demands intervention, both physically and spiritually. We try to do that with the New United Gospel Food Mission, which is going strong and in need of more volunteers. The gratitude of our guests is amazing! So thank you if you support that mission. My closing prayer after the Sopranessence/Homestretch concert, presentation, and sermon follows:

Dear Lord, we thank you for sending your son, Jesus, to quench our thirst and restore us to eternal life. Forgive our sins of gluttony and greed, so that by our redemption in you, we may share this good news with others. Help us to be good hosts when we can be and good advocates of groups that help others receive what they need. Let our unity and fellowship grow us and refresh us. It is in your name, we pray, Amen. *Please think about these things . . .* †♥

Parish Nurse's

Touch

by Debbie Caffrey

June Health Focus



Alzheimer's disease is a progressive, degenerative disorder that attacks the brain's nerve cells, or neurons, resulting in loss of memory, thinking and language skills, and behavioral changes. Alzheimer's disease is the most common cause of dementia, loss of intellectual function, among people aged 65 and older. Alzheimer's disease is not a normal part of aging. Symptoms vary and gradually increase and become more persistent. The common warning signs include:

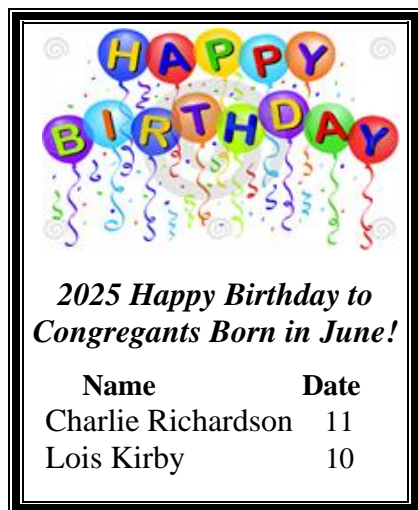
- Memory loss, especially of recent events, names, placement of objects, and other new information
- Confusion about time and place
- Struggling to complete familiar actions, such as brushing teeth or getting dressed
- Trouble finding the appropriate words, completing sentences, and following directions and conversations
- Poor judgment when making decisions
- Changes in mood and personality, such as increased suspicion, rapid and persistent mood swings, withdrawal, and disinterest in usual activities
- Difficulty with complex mental assignments, such as balancing a checkbook or other tasks involving numbers

If you notice these symptoms, please contact your health care provider. Although there is no cure, behavioral management intervention and medications can be used alone or in combination and may help slow progression of symptoms and improve quality of life. More information is available from the Alzheimer's Foundation of America, www.alzfdn.org or toll free 866 232-8484.

~ Be Well! Debbie

Did you know?

The **Cooling Assistance** program helps pay electric bills, security deposits, cooling equipment repair costs, or purchase of a fan or air conditioning unit (window or portable) for eligible households. To be eligible, at least one household member must be: 60 or older, 5 or younger, or disabled according to Social Security, Medicaid or 100% Veteran's Administration. Some people will be pre-approved, and others will need to apply. Applications will be accepted from **June 16 – August 15** this year. To apply for Cooling Assistance, or other food and medical benefits, visit CommonHelp.Virginia.gov or call 855-635-4370.



June & July (partial)

Wednesday, June 4, 18

09:15 am – Sandwich Team, Fell. Hall

Saturday, June 7, 21

01:00 pm – Kohaku Rehearsal, Chr. Ste

Saturday, June 7

01:00 pm – NBMBC Graduate Recptn., Parlor

Sunday, June 8, 15, 22, 29

09:30 am – NBMBC & UBC Bible Studies

10:45 am – NBMBC Worship, Chapel

11:00 am – UBC Worship, Sanctuary

01:30 pm – VGBC Worship, Sanctuary, Fell. Hall

Sunday, June 8

05:00 pm – Bharati Soman Voice Recital, Sanc, Chr Ste

Monday, June 9

07:30 pm UBC Choir Rehearsal, Chr Suite

Tuesday, June 10

12:00 pm – YAH Gadabouts Lunch, See Page 1

Tuesday, June 10, 17, 24

12:30 pm – Food Mission Inventory, Rm 121

Saturday, June 14, 28

11:00 am-2:00 pm – Food Giveaway, Rm 121, 120 & Ctyd

Saturday, June 14

01:00 pm – Nicole Lamm Voice Recital; Sanc, Chr Ste

Sunday, June 22

12:15 pm – UBC CLCEB Meeting, Conf. Rm

Saturday, June 28

09:30 am – UBC Friends & Family Breakfast, See Page 1

Tuesday, July 1, 8, 15, 22, 29

12:30 pm – Food Mission Inventory, Rm 121

Wednesday, July 2, 16

09:15 am – Sandwich Team, Fell. Hall

Thursday, July 3 – off rest of the summer

07:30 pm UBC Choir Rehearsal, Chr Suite

Friday, July 4 – Office Closed for Independence Day

Saturday, July 5, 19

01:00 pm – Kohaku Rehearsal, Chr. Ste

Saturday, July 26

09:30 am – UBC Friends & Family Breakfast, Milano's



Contributions

May 2025 (Final)	Required	Received
Tithes & Offerings	\$ 5,000.00	\$ 3,700.00
Building Usage	6,333.34	7,725.00
Other (B-Thrifty, Flwrs, Mem)	0.00	23.20
Monthly	\$ 11,333.34	\$ 11,448.20
Total YTD (Jan-May)	\$ 56,666.70	\$ 59,108.10
Above/(Below)		\$ 2,441.40*
Benevolence Funds Rec'd. (May)		\$ 50.00

* For detailed monthly reports, please contact the office. Budgeted Investment Transfers are **not** included in the "Required" or "Received." "Other" non-budgeted donations are gratefully received.

If you cannot attend church, offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff thank you for your generosity. Benevolence offerings by check, clearly marked "**Benevolence**," may be mailed to the office or cash/checks brought on Sundays. Thank you on behalf of many neighbors in need.

MEMORIAL SUNDAY WAS MAY 25TH

Thank you for being in Worship this special day and remembering these loved ones lost since May 26, 2024. We read a selection from a poem by Kirsti A. Dyer "The Messenger." The following UBC Congregants & Former Members were gratefully remembered with the chime of a handbell. We pray also for their families.

Mary Anne Bedwell March 2023	Rev. Dr. Gerald L. Young October 2024
Venetta Tucker June 2024	Ida Mae Wilson January 2025
June Straub September 2024	Joan Jarrett April 2025
John Lewis October 2024	

Let Us Also Remember:

Deceased **Extended Family and Friends**

Deceased Local, Home & Foreign Fulltime
Christian Missionaries

Deceased **Military Personnel** Serving the
Cause of World Freedom

All others in the DMV area who died from violence

Watch Out for the E-ZPass Scam by Melissa Smarr reprinted from Golden Gazette

Have you recently received a text message, email, or telephone call saying that you owe money for unpaid tolls? Many people in our community have been contacted but can't tell if these messages are legitimate. Unfortunately some people have fallen for this scam. It is called *smishing*, a type of scam that uses text messages to trick you into giving away your personal or financial information. The scammers are very believable and will do almost anything to ensure you pay the fake bills. E-ZPass VA has put out an alert warning customers of this scam. Read the full alert at ezpassva.com/news-resources/news/2025/active-smishing-scam.html. E-ZPass VA encourages customers to report it to your cell carrier.

**The United Baptist Church
7100 Columbia Pike
Annandale, VA 22003**

Return Service Requested

Please note that personal prayer requests were removed for privacy. If you require updated information, please call the office at (703) 256-5900. Thank you.

COMMUNITY & GLOBAL PRAYER

- Boulder CO violent antisemitic attack
- London van violence
- Israeli Embassy staffers murdered outside Capital Jewish Museum, DC; Jewish community
- Louisiana Prison escape; capture, safety, justice
- Tornado deaths & property damages; grief, financial resources, & rebuilding
- Knoxville, TN earthquake damages & recovery
- Various recent disasters, weather, collapses, home fires, violence, etc.
- Conflict in Goma (Democratic Republic of the Congo); 3000 killed. Peace to reign.
- Airline Safety – so many recent accidents & collisions
- To relieve the fear environment for Federal workers & immigrants
- CA & NC Wildfires: destruction, displacement, & rebuilding
- Aftermath of Hurricanes Helene & Milton. Funds still needed for Rebuilding
- Lebanon, Israel, Gaza, Syria residents – rebuilding
- Leadership in Congress, Supreme Court, & White House
- For more people to know & rely upon Jesus
- For more visitors & growth of our churches here
- More Peace in the Middle East: safety, recovery, & comfort for those killed, kidnapped, or injured in war. Praise for those released and prayers for those still in captivity & grief
- Peace talks & protection of the soldiers & citizens of Ukraine
- Poverty & hunger in several locations around the world
- Our mental health systems, responders & social workers
- Safety for all firefighters, canine rescue teams, medical responders, police officers and military personnel; keeping the peace during times of unrest nationally and globally
- Mission Center Building Usage Partners & potential new Mission Projects & Partners
- New United Gospel Food Mission—for donations, volunteers, & recipients. Pray for the many families nearby suffering from food insecurity, immigration legal expenses, finding a good attorney, school pressures, finding work, health, new babies, etc. Pray that donations continue to expand to serve growing needs as we introduce guests to the agape love of Christ. Gratitude for the conversations & example Jesus set for us