

The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.

Volume 24

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Issue 9

Back to School!

The students are *back in school!* Fairfax Co., Falls Church, Alexandria City Public Schools, and local colleges and universities opened recently. So, please, when driving, notice neighborhood school speed limit signs, bicycles, buses loading and unloading children, teenagers, & new, young drivers. May God bless all students, teachers, staff, and bus drivers (college too!) as they go "Back to School!"



The next UBC Friends & Family Breakfast will be on the 3rd Saturday, September 19th at 9:30 am, at Silver Diner, 8150 Porter Rd, Falls Church, VA 22042. Dutch treat, a reading, & sharing of praises & prayer requests. Please join us; let Pam know if you need a ride. **We will meet there.** A sign-up form is on the Board.

Save the Date! The next Shepherd's Center Lunch N Life will be Thursday, September 17th at 11:00 am at The United Baptist Church, Fellowship Hall, 7100 Columbia Pike, Annandale, Va 22003. Come hear Annandale Volunteer Fire Department presenting Safety at Home, what to expect when you call 911 and what to bring to the hospital. Get a free magnetic File of Life. Cost of lunch and entertainment is \$20 per person. To Register: Call their office at 703-941-1419 by Tuesday, September 15th or send an email to shepherdscas@vacoxmail.com.

COMMUNITY LEADERSHIP

The next CLCEB Meeting is scheduled for Sunday, September 27th at 12:15 pm in the Conference Room to conduct church business. Pick up your bright green **budget request forms** from the box near the elevator and return them to the office of Rev. Moyer by Sunday, September 27th or email office by 9/28. Pray and ponder how we support our Mission.



New Sunday Schedule

09:45-10:00 am: Assembly with short "Hymn sing" in the Conference Room (
10:00 - 10:30 am: Bible Study Conference Room.
10:30 am: Choir Rehearsal resumes this Sunday - Choir Suite
11:00 am: Worship Service will be in the Sanctuary

The Kohaku Vocal Ensemble Annual Recital is scheduled for Saturday, October 3rd at 2:00 pm here in our Sanctuary. This is a talented Japanese group who rehearses here often; they also sing a few pieces in English, but the music is transcendent in any language! Excellent piano accompaniment and professional director. Free; donations only and reception follows.

Annandale CROP Hunger Walk!

Let us keep Sally Norris' legacy of dedicated fundraising alive for this special need! The 2026 Annandale CROP Hunger Walk will be held on October 10th at Lake Accotink!



Registration starts at 8 am near Lake Accotink Park Marina and an Opening Ceremony starts at 8:15 am. Walkers start on the trails at 8:30 am. Proceeds from the walk benefit Church World Service with a large contribution to ACCA. Please plan now to give any amount; let Rev. Moyer know if you would like to walk, pray, or donate time or funds. Please place a check payable to CWS/CROP or cash in the offering plate or mail to The United Baptist Church, 7100 Columbia Pike, Annandale, VA 22003, Attn: CROP WALK. **Checks MUST be made payable to CWS/CROP (not UBC or a person).** Your donation helps the food insecure, and victims of devastating weather/fire events. Call Pam for more info or to help. Thank you.

FELLOWSHIP OPPORTUNITIES

Young at Hearts Gadabouts Trip for Senior Adults has been moved to Tuesday, September 15th, at 12:00 pm, at Firebirds at Firebirds Wood Grill Restaurant, 14020 Promenade Commons St, Gainesville, VA 20155. We will meet at the church at 11:15 am if you need a ride or you can meet us at the restaurant. Sign-up sheet is on the board.

Kairos Moments ♥ ♥ ♥

(09/01/26) Reflections of Reverend Pamela Moyser

Do we trust our trapeze “Caller” (i.e. God) in everything we do or only in the spiritual realms of our lives? Last month’s article was a good foundation for the July air conditioning crisis; it was a crisis only because we had 5 big events scheduled with 200-300 people, plus the normal activities of the Food Mission and Missions Center groups, plus 3 weekly church services. Building & Grounds and many others put our heads together to research multiple options. After prayer, proposals, and analysis, we broke the problem down into “short term” and “long term.” We called a church membership meeting to discuss any questions and all voted yes to install a temporary chiller for two months until the heating changeover occurs mid to late October. The unit sits on a 15-foot trailer with a protective fence around it just outside our Boiler Room. It only takes up 1½ parking spaces and is working much better than our 1972 chiller that needs replacing in the spring. Thank you for your recent prayers; the equipment installation and the first big event all went well, praise God for bringing all things together! We have another NBMBC large event in the Sanctuary this Sunday, so please pray for our Missions Center (MC) partners, fall activities, events, our church, your pastor, and the team.



By dramatic contrast, this below was happening inside!



A beautiful, comfortable wedding and reception took place (son of Linh Lam, VGBC Trustee), thanks to this temporary solution. In August, we adjusted our worship to the Choir Suite and Bible Study to the Conference Room as needed for everyone’s health and safety during those 100+ degree temperatures. Our MC groups remained flexible too, and are very happy with our short term solution. We completed the Jeremiah and Romans study over the summer and are back into the 2026 theme, “*Roots and Branches*.” Hope to see you some Sunday at 11 am or 9:45 am for Bible Study. We **are trusting** Christ in all things here at United Baptist!

Parish Nurse’s Touch

by Debbie Caffrey

September Healthy Focus



It’s just around the corner. Cooler temperatures and autumn colors. It’s the favorite time of year for many and there are ways we can get ready for the shift in seasons. Planning for colder temperatures is especially important if you live alone as autumn also means an increase in illnesses. We want healthy folks this fall!

Along with getting outside and enjoying the crisp autumn air that will soon be here. Here are some health tips to keep us healthy.

- Take your time when you walk outdoors and be mindful of slippery leaves and other areas.
- Cold and flu season starts in the fall--so get your flu vaccine. Also ask your doctor about the Flu, pneumonia, and COVID vaccines.
- This is the time of year to go to bed earlier and get plenty of sleep. The days are starting to shorten and with the earlier sunset and darker evenings, most of us go indoors in the evening.
- Eat healthy and savor the flavors of the season--brussels sprouts, butternut squash, crab apples, cranberries and turnips.
- Drink plenty of water--you can lose as much fluid in the cold as you do in summer.
- Get enough vitamin D--daylight is less available in the fall. Be like a cat, sit in the sunlight of your window. Other options are tuna, salmon and milk.
- Dressing in layers is your best bet in the fall when the temperature can drop quickly or just as easily warm up.

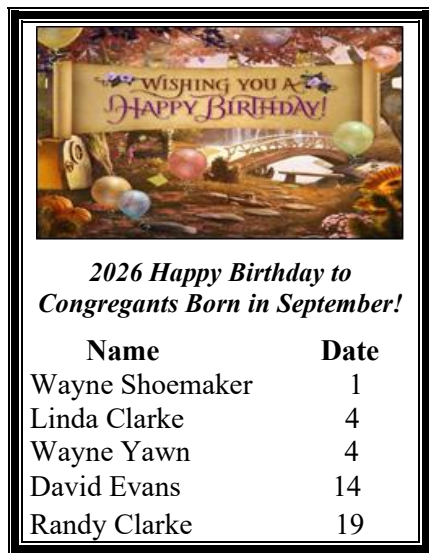
And most importantly, fall is the season of thanks, so it’s a great opportunity to take some time to be grateful for the people in your life.

Be Well! Debbie

Missions Center Information

Did you know? The New United Gospel Food Mission is moving to Room 123! We’ve been clearing out space for room to grow! They are serving 75-100 families, which means 500-750 individuals, but the original room cannot house refrigerators, supplies, carts, and people shopping. Thank you to United Baptist for the space, and to all 3 churches (NBMBC, UBC, & VGBC) for prayer, volunteers, contributions, and leadership.

New “partner”! At the end of this month, we welcome George Mason Friends of the Regional Library, moving into the old NorthStar space for 2 years during renovations. They will collect & sort used books during the year for their fundraising sales. Watch for the bin!



September & October (Partial)

Wednesday, September 2, 16

09:00 am – Sandwich Team, Fell. Hall

Tuesday, September 1, 8, 15, 22, 29

12:30 pm – Food Mission Restock Inventory, Rm 121

Saturday, September 5, 12, 19, 26

01:00 pm – Kohaku Ens. Rehearsal, Chr Suite, F. Hall

Sunday, September 6, 13, 20, 27

09:30 am – NBMBC Bible Study, Parlor

10:45 am – NBMBC Worship, Chapel

09:45 am – UBC Assembly, Bible Study, Choir, Conf. Rm, Chr Ste

11:00 am – UBC Worship Service, Sanctuary

12:30 pm – VGBC Worship, Sanctuary, Sanc., Choir Ste., Fell. Hall

Monday, September 7 – Office Closed for Labor Day

Tuesday, September 8-12 Rev. Moyer on Leave

Tuesday, September 08, 15, 22, 29

01:00 pm – Kohaku Sec. Rehearsal, Chr Suite

Saturday September 12, 26

11:00 am-2:00 pm – Food Giveaway, Rm 121, 120, 123 & Ctyd

Tuesday, September 15

12:00 pm – YAH Gadabouts Lunch, See Page

Thursday, September 17

11:00 am – Shepherd's Ctr. Lunch N Life, Fell Hall

Saturday, September 19

09:30 am – UBC Friends & Family Breakfast, see page 1

Saturday, September 26

01:00 pm – Kohaku Dress. Rehearsal, Sanctuary

03:00 pm – DMV Night Market pkg, Parking Lots

Sunday, September 27

12:15 pm – UBC CLCEB Meeting, Conf Rm

04:00 pm – NBMBC, Ann. Women & Men Day Serv. Sanc, F. Hall

Saturday, October 3

01:00 pm – Kohaku Ann. Recital, Sanc., Chr Suite, F. Hall

Sunday, October 4, 11, 18, 25

09:30 am – NBMBC Bible Study, Parlor

10:45 am – NBMBC Worship, Chapel

09:45 am – UBC Assembly, Bible Study, Choir, Conf. Rm, Chr Ste

11:00 am – UBC Worship Service, Sanctuary

12:30 pm – VGBC Worship, Sanctuary, Sanc., Choir Ste., Fell. Hall

Wednesday, October 7, 21

09:00 am – Sandwich Team, Fell. Hall



Contributions

July 2026 (Final)	Required	Received
Tithes & Offerings	\$ 4,333.34	\$ 2,435.00
Building Usage	7,495.00	7,405.00
Other (B-Thrifty, Flwrs, Mem)	0.00	64.20
Monthly	\$ 11,828.34	\$ 9,904.20
Total YTD (Jan-July)	\$ 82,798.38	\$ 83,856.70
Above/(Below)		\$ 1,058.32*
Benevolence Funds Rec'd. (July)		\$ 75.00

* For detailed monthly reports, please contact the office. Budgeted Investment Transfers are **not** included in the "Required" or "Received." "Other" non-budgeted donations are gratefully received. One transfer was made early July.

August 2026 (Partial)	Required	Received
Tithes & Offerings	\$ 4,333.34	\$ 4,632.50
Building Usage	7,495.00	7,155.00
Other (B-Thrifty, Flwrs, Mem)	0.00	27.50
Monthly	\$ 11,828.34	\$ 11,815.00
Total YTD (Jan-Aug)	\$ 94,626.72	\$ 95,671.70
Above/(Below)		\$ 1,044.98*
Benevolence Funds Rec'd. (July)		\$ 55.00

* For detailed monthly reports, please contact the office. Budgeted Investment Transfers are **not** included in the "Required" or "Received." "Other" non-budgeted donations are gratefully received. One transfer was made Aug. 31.

Thank you for your stewardship and prayers! Offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff are working at full capacity and thank you for your generosity. Benevolence offerings by check, clearly marked "Benevolence," may be mailed to the office or cash/checks brought on any Sunday. Thank you.

Looking Ahead to Community/Church Events

Saturday, September 26, 2 pm-10 pm: DMV Asian Night Market at 7200 Columbia Pike, Annandale with food, music, arts, activities. Pet and Family friendly. Parking at UBC & in the neighborhood

Saturday, October 17, 8 am-10:30 am: NorthStar Church Network Annual Celebration (formerly known as Business & Breakfast meeting) @Virginia Hills Church, 6507 Telegraph Rd., Alexandria, VA 22310 with food, worship, reports, videos, slides, & stories.

Saturday, October 17, 10 am-3 pm: Mason District Art Festival @Eileen Garnett Civic Space, 7200 Columbia Pike, Annandale with visual arts, artists, spoken word, music, & more. Park at UBC & in the neighborhood.

November 9-11: BGAV Annual Meeting, Virginia Beach Convention Ctr. "Heart for the Not Yet, Acts 17:5b". Let Rev. Moyer know if you'd like to go as a Messenger from our church.

**The United Baptist Church
7100 Columbia Pike
Annandale, VA 22003**

**Please note that personal
prayer requests were
removed for privacy. If you
require updated information,
please call the office at (703)
256- 5900. Thank you.**

- personnel; keeping the peace during times of unrest nationally and globally.
- Mission Center Building Usage Partners & potential new Mission Projects & Partners
- UBC Staff & Congregants
- New United Gospel Food Mission—for donations, volunteers, recipients & moving to Rm 123
- Church development & Sunday School opportunities for adults, youth, singles, & families
- Benevolence fund recipients, requestors, and neighbors in need

CONDOLENCES

We extend our sincere condolences to the family of long-time member, **Patty Richardson**, who died Tuesday, August 17th from extended illness. Her graveside service was held **August 25th at National Memorial Park**, Falls Church, VA and attended by family, friends, & neighbors.

We extend our condolences to **Martha Lowe**, who just lost another sister, **Margaret Ellen Cochran**, of Bluefield, West Virginia; she was only 71 years old, and passed away peacefully at her home on August 25th, following a courageous and lengthy illness. We share our prayers, strength, and sympathy with Martha, Wayne, Molly, and others who knew her.

We send sympathy to the family, friends, and colleagues of **Neville Callam**, 8th general secretary and CEO of the **Baptist World Alliance**, who died August 15 after a brief illness.
<https://baptistworld.org/remembering-rev-dr-neville-callam/>.

COMMUNITY & GLOBAL PRAYER

- Students, Teachers, Staff going back to school
- Leland Seminary's new move to Falls Church & former president, Mark Olson's healing (brain cancer)
- Devastating floods in central Nepal & Tibet
- Earthquake deaths & damages in Indonesia, Columbia & Japan, people & property
- Weather events around the country and fires
- United Baptist Church Air Conditioning situation (replacement decisions)
- Victims, families, responders to earthquake in Venezuela
- Kuwait safety from Iran, Israel & US war; family & friends in harm's way; peace; our military forces
- Global news headlines: violence, economy, leadership; cost of living issues: gas, food, utilities, goods
- Getting illegal firearms off the streets
- Peace talks & protection of the soldiers & citizens of Ukraine & Middle East
- Leadership in Congress, Supreme Ct, & WH
- For more people to know & rely upon Jesus; for more visitors & growth of our churches here
- Poverty & hunger in several locations around the world
- Our mental health systems, responders & social workers
- Safety for all firefighters, police officers, canine rescue teams, medical responders, and military