

The Vision

A Monthly Communication AND Christian Education Instrument of The United Baptist Church in Annandale, Virginia

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The United Baptist Church Vision is to *develop the intentional Holy Spiritual attitudes of God, as in Jesus, that our lives demonstrate the transforming impact of such a Holy relationship on us, our society, and on our world.*

Volume 24

June 2, 2026

Issue 6



Happy Father's Day! Sunday, June 21st

We invite you to gather with us on this special day to honor fathers, grandfathers, great-grandfathers, uncles, nephews, and all encouraging men during our worship time together.

10:00 am ~ Hymn Sing & Study, Fellowship Hall
11:00 am ~ Worship, Sanctuary

Congratulations to All
2026 Graduates!
Well Done!



Damian Honeycutt

Is the great grandson of the late Rev. Dr. Gerald Young. He graduated from **Savannah High School**, May 17th, 2026, in **Savannah, Missouri**.

COMMUNITY LEADERSHIP

The next **CLCEB** Meeting is scheduled for **Sunday, June 28th at 12:15 pm** in the Conference Room to conduct church business.



Remember, **"School will be Out for the Summer this month!"** Please take great care driving on roads and in neighborhoods since more children are playing outside or bicycling in streets and on sidewalks. Let's protect one another out there. Thank you!

FELLOWSHIP OPPORTUNITIES

The UBC Young at Heart Gadabouts Senior Adults lunch is **Tuesday, June 9th at 12:00 pm** at **BJ's Restaurant & Brewhouse**, 13930 Promenade Commons St., Gainesville, VA 20155. Dutch treat. Meet at the church **at 11:15 am for a ride** or **at the restaurant at 12:00 noon**. A sign-up sheet is on the Special Events Board now.



The next **UBC Friends & Family Breakfast** will be on the **fourth Saturday, June 27th at 9:30 am**, at Denny's Restaurant, 10473 Lee Hwy, Fairfax, VA 22030. Dutch treat, a reading, & sharing of praises & prayer requests. Please join us! **We will all meet there**. A sign-up sheet is on the Bulletin Board.

Save the Date! The next **Shepherd's Center Lunch N Life Luncheon** will be **Thursday, June 25th at 11:00 am in our Fellowship Hall @ our Church, United Baptist**. Please try to attend. Lunch is usually \$20 and you will need to **RSVP**. For more information, please call SCAS office at 703-941-1419 or send an email to shepherdscas@vacoxmail.com.

ORGANIST/PIANIST POSITION

The **Organist/Pianist candidates** will be **interviewing soon**. Contact the office if you have any referrals or people in mind. An advanced degree is preferred, and an in-person audition is required. Salary range of \$15-18K (TBD) is based upon experience & education. We ask your prayers as God is preparing the right person to apply.

We are continuing a **temporary Sunday schedule** until further notice. 10 am Assembly & Hymn Study; 10:30 am Choir; and 11 am Worship, until Bible Study resumes. All activities are in the Fellowship Hall.

Kairos Moments ♥ ♥ ♥

(6/02/26) Reflections of Reverend Pamela Moyer

Happy Summer! The first month of our traditional Summer holiday 3 months. May was a busy month, and June appears to be a full one as well. Praise God! Our two other churches (NBMBC & VGBC) are thriving and serving their members and the community; the New United Gospel Food Mission need is great yet God keeps providing both food and volunteers; the Annandale Greenway Alliance planted a native plants bed for us; the DMV Asian Night Market utilizes our parking lot well once a month; Amerikids' children's voices fill the courtyard on nice days; Arch Home Care is helping families cope with aging; FACETS stores diapers for giveaway to assist Fairmont Gardens residents; GUTS Toastmasters is grieving the loss of Bernie Cohen but carrying on his example; Kohaku Ensemble is rehearsing for their October recital; local voice teachers are having recitals here; Sopranessence ladies had a successful Benefit Concert here with new attendees; a wedding was held in late April; and another will be held August 30 in the Vietnamese Gospel Church service! Church is no longer just on Sundays! Christ is present every day of the week on our campus, and because of your support, we set the example for many other churches.

Yesterday, during a lunch with fellow pastors and denominational leaders from MACBF and CBF Global, Exec. Coordinator Paul Baxley shared that our 2014 Mission Center model is now a popular financial model for many CBF churches. "You pastors are not alone in the struggle. A massive economic and congregational shift has occurred in all churches, not to mention the economic instability of today's world. Your (attendance) decline is not because of music choice or a bad sermon! The ministry marketplace and theological educational models are changing dramatically everywhere too! The fastest growing seminary training is online and not on a campus. This presents a congregational opportunity to develop leaders by 'naming, noticing, and nurturing' those who are called into ministry. CBF will be launching new Financial Health resources for churches, denominational partner trainings, and mentorships." Our rich and affirming conversations continued after his presentation, so I feel encouraged and looking forward to the CBF General Assembly in Jacksonville, FL June 17-20 to connect with like-minded pastors and transforming churches like ours. Yes, we are making slow progress and it won't show up on Sundays like the 1950's experience of church, but the triune God is still in charge, and we are called to be his voice in this world and our neighborhoods and even in our families who may have strayed from Christian practices. We must be the hope and clarity of our faith. Remember my reading of *The Tree that Survived the Winter?* **You are loved.** "I am the vine, you are the branches, John 15:5." Amen!

Parish Nurse's Touch

by Debbie Caffrey



June: Let's Talk about the Meds

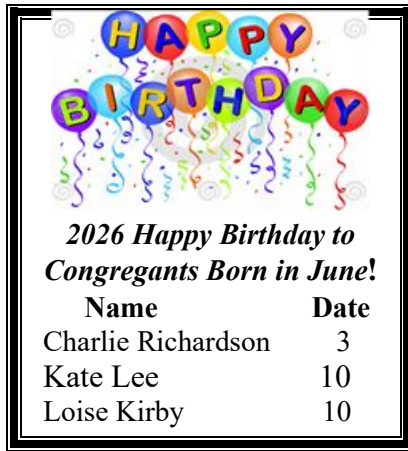
More than 600,000 emergency room visits in the United States each year are related to adverse drug events (ADEs) for adults aged 65 and older.

- More than 1.5 million people visit emergency departments for ADEs each year in the United States, and almost 500,000 require hospitalization.
- Older adults (65 years or older) visit emergency departments more than 600,000 times each year, more than twice as often as younger people.
- Understanding the key drivers of ADEs can help guide prevention.
- Leading causes of emergency department (ED) visits for ADEs
 - Anticoagulants (approximately one in five, 21%)
 - Diabetes agents such as insulin (almost one in seven, or 14%)
 - Antibiotics (almost one in eight, or 13%)

It can be dangerous to combine certain prescription drugs, OTC medicines, dietary supplements, or other remedies. For example, you should not take aspirin if you take warfarin for heart problems. To avoid potentially serious health issues, talk to your doctor about all medicines you take, including those prescribed by other doctors, and any OTC drugs, vitamins, supplements, and herbal remedies. Mention everything, even ones you use infrequently.

- **Make a list of all the prescription drugs, OTC medicines, and supplements you take and the phone numbers of your doctors and pharmacists. The list should include** all the medicines you take, including OTC drugs. Also include any vitamins or dietary supplements. Consider writing in pencil, so it can be easily changed. The list should include the name of each medicine, vitamin or supplement, the form, pill, etc., the amount you take, and time(s) you take it. If it's a prescription drug, also note the doctor who prescribed it and the reason it was prescribed. Show the list to all your health care providers, including physical therapists and dentists. Keep one copy in a safe place at home and one in your wallet or purse.
- **Get familiar with your medicines.** If you take more than one medicine, make sure you can tell them apart by size, shape, color, or the number imprinted on the pill.
- **Create a file.** Save all the written information that comes with your medicines and keep it somewhere you can easily refer to it. Keep these guides for as long as you're taking the medication.

Be Well! Debbie



June & July (Partial)

Wednesday, June 3, 24

09:15 am – Sandwich Team, Fell. Hall



Saturday, June 6, 20

01:00 pm – Kohaku Ens. Rehearsal, Chr Suite, F. Hall

Sunday, June 7, 14, 21, 28

09:30 am – NBMBC Bible Study, Parlor
 10:45 am – NBMBC Worship, Chapel
 10:00 am – UBC Assembly, Fell. Hall
 10:30 am – UBC Choir, Choir Suite
 11:00 am – UBC Worship, Sanctuary
 12:30 pm – VGBC Worship, Sanctuary, Fell. Hall

Saturday, Tuesday, June 9

12:00 pm – YAH Gadabouts Lunch, See Page 1

Tuesday, June 9, 16, 23, 30

12:30 pm – Food Mission Restock Inventory, Rm 121

Tuesday, June 9, 23

01:00 pm – Kohaku Section Rehearsal, Choir Suite

Saturday June 13, 27

11:00 am-2:00 pm – Food Giveaway, Rm 121, 120 & Ctyd

Saturday June 13

01:00 pm – Nicole Lamm Voice, Recital, Sanc & Chr. Ste

Sunday, June 14

05:00 pm – Bharati Soman Voice Recital, Sanc, Chr Ste

Tuesday, June 9

12:00 pm – YAH Gadabouts Lunch, See Page 1

Wed, June 17-Sat, June 20 (Rev. Moyer Attending)

CBF General Assembly, Jacksonville, FL

Sunday, June 28

12:15 pm – UBC CLCEB Meeting, Conf Rm

Wednesday, July 1, 15

09:15 am – Sandwich Team, Fell. Hall

Friday, July 4 – Office Closed for Independence Day

Saturday, July 4, 18

01:00 pm – Kohaku Ens. Rehearsal, Chr Suite, F. Hall

Sunday, July 5, 12, 19, 26

09:30 am – NBMBC Bible Study, Parlor
 10:45 am – NBMBC Worship, Chapel
 10:00 am – UBC Assembly, Fell. Hall
 10:30 am – UBC Choir, Choir Suite
 11:00 am – UBC Worship, Sanctuary
 12:30 pm – VGBC Worship, Sanctuary, Fell. Hall

Tuesday, July 7, 14, 21, 28

12:30 pm – Food Mission Restock Inventory, Rm 121

Tuesday, July 7, 21

01:00 pm – Kohaku Section Rehearsal, Choir Suite

Contributions

April 2026 (Final)	Required	Received
Tithes & Offerings	\$ 4,333.34	\$ 4,020.00
Building Usage	7,495.00	7,905.00
Other (B-Thrifty, Flwrs, Mem)	0.00	11.00
Monthly	\$ 11,828.34	\$ 11,936.00
Total YTD (Jan-Apr)	\$ 47,313.36	\$ 49,619.40
Above/(Below)		\$ 2,306.04*
Benevolence Funds Rec'd. (Apr par)		\$ 45.00

* For detailed monthly reports, please contact the office. Budgeted Investment Transfers are **not** included in the "Required" or "Received." "Other" non-budgeted donations are gratefully received.

May 2026 (Partial thru 5/11)	Required	Received
Tithes & Offerings	\$ 4,333.34	\$ 2,485.00
Building Usage	7,495.00	7,045.00
Other (B-Thrifty, Flwrs, Mem)	0.00	25.20
Monthly	\$ 11,828.34	\$ 9,555.20
Total YTD (Jan-May)	\$ 59,141.70	\$ 59,174.60
Above/(Below)		\$ 32.90*
Benevolence Funds Rec'd. (Apr par)		\$ 30.00

* For detailed monthly reports, please contact the office. Budgeted Investment Transfers are **not** included in the "Required" or "Received." "Other" non-budgeted donations are gratefully received.

Thank you for your stewardship and prayers! Offerings may be mailed to the office at 7100 Columbia Pike, Annandale, VA 22003. Mail is safely and securely processed daily. Our ministries, contractors and staff are working at full capacity and thank you for your generosity. Benevolence offerings by check, clearly marked "Benevolence," may be mailed to the office or cash/checks brought on any Sunday. Thank you.

Community Highlights

Every summer, Fairfax County Park Authority's Summer Entertainment Series presents free, live performances featuring concerts, children's shows, cultural showcases, and outdoor movies. This year's series features 128 free performances, 11 series at 19 locations across the county.

The line-up includes concerts showcasing rock, R&B, bluegrass, pop, classical, blues, country, folk, and everything in between; children's performances showcasing fun songs, magic, comedy, and four movie screenings in August; cultural performances featuring song and dance from locations, including the Caribbean, Africa, India, Russia, and China.

The series will run from June 24 to August 29. For more information about event locations, days, times, and performers, visit FairfaxCounty.gov/parks/performances.

Performances are free and held outdoors; lawn chairs are welcome. In case of inclement weather, call the concert hotline at **571-202-SHOW (7469)** before leaving home. Cancellations are posted one hour prior to show time.

The Summer Entertainment Series performances are possible thanks to the Fairfax County Park Authority, Board of Supervisors, volunteers and the many individuals, businesses, and corporations that sponsored the series through the Fairfax County Park Foundation.

**The United Baptist Church
7100 Columbia Pike
Annandale, VA 22003**

Please note that personal prayer requests were removed for privacy. If you require updated information, please call the office at **(703) 256- 5900**. Thank you.

COMMUNITY & GLOBAL PRAYER

- Bus wreck & fatality on I95, Stafford, victims, grieving
- Chemical Tank Explosion, Washington state; dead & missing
- Ebola & Hantavirus outbreaks control (Africa)
- Iran, Israel & US war; family & friends in harm's way; protection for our military forces; peace
- Global news headlines: violence, economy, leadership; cost of living issues: gas, food, utilities, goods
- Jewish friends, synagogues, & churches around US & the world—for protection, safety, security
- Safe return of Nancy Guthrie in Tucson, AZ
- Getting illegal firearms off the streets
- Peace talks & protection of the soldiers & citizens of Ukraine & Middle East
- Leadership in Congress, Supreme Ct, & White House
- For more people to know & rely upon Jesus; for more visitors & growth of our churches here
- Poverty & hunger in several locations around the world
- Our mental health systems, responders & social workers
- Safety for all firefighters, police officers, canine rescue teams, medical responders, and military personnel; keeping the peace during times of unrest nationally and globally
- Mission Center Building Usage Partners & potential new Mission Projects & Partners
- UBC Staff & Congregants; part-time organist/pianist
- New United Gospel Food Mission—for donations, volunteers, & recipients.
- Church development & Sunday School opportunities for adults, youth, singles, & families
- Benevolence fund recipients, requestors, and neighbors in need

CONDOLENCES

We share our sympathy with the GUTS Toastmasters group and family of **Bernie Cohen**, who passed away this week. A memorial time was held in their meeting on Saturday, May 24, 2026. Bernie was one of the early leaders of the group. We will miss him and his presence. No further information is available.

THANK YOU!

From Mae Smith's family: Andy & his brothers sent 2 cards, in gratitude for our kind actions & outcome celebrating their mom's life. This is for all who helped out with the reception: "[We] wish to give a sincere thank you. We were refreshed by the time we spent with family and friends, and your help made it possible. With sincere gratitude, Andy & the Smith boys."

Memorial Sunday "Saints": Dot Jones, Sally Whitcraft, Shirley Maxwell, Patsy Small, Tina Linder, Bonnie Hester, Mae Smith, Deceased Christian Missionaries & Deceased Military Personnel, local violence victims. Blessings on our fond memories & their eternal life in Christ! Thank you for your caring.